



CMRDU

# CHINMAYA MISSION – RDU

## BALA VIHAR PARENT ORIENTATION

### 2022-2023

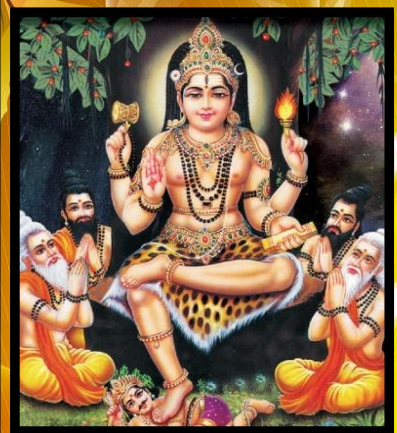




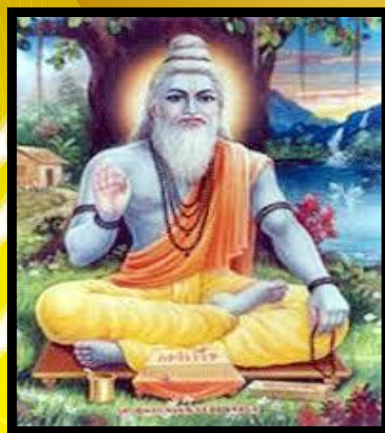
**Hari OM**  
**Welcome – Bala Vihar Families**

# Our Parampara

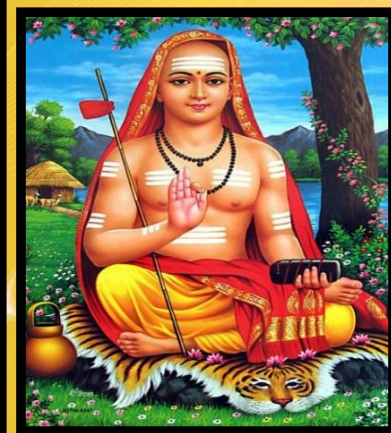
## Our Pranam



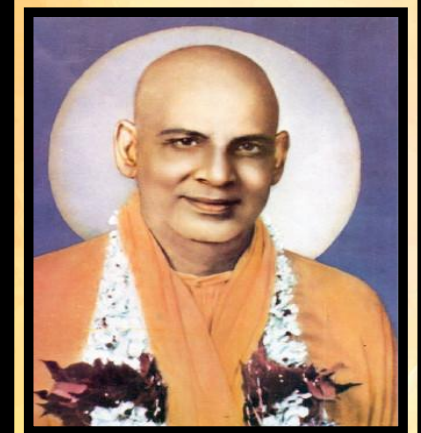
Bhagavan  
Dakshinamoorti



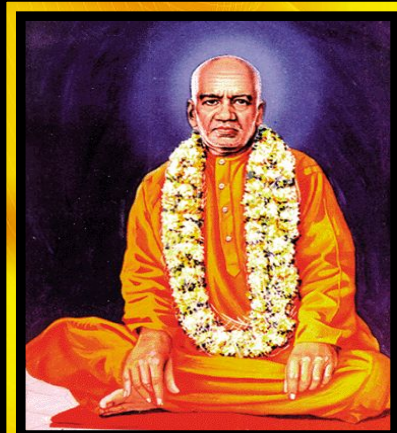
Bhagavan  
Veda Vyasa



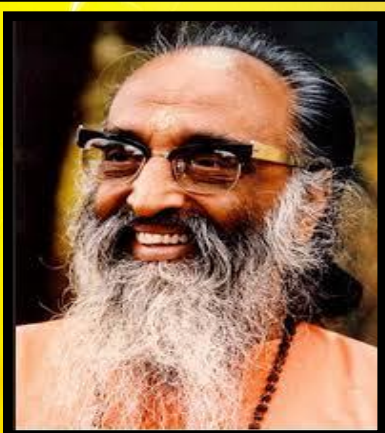
Bhagavan  
Adi Shankaracharya



Puja Swami  
Sivananda ji



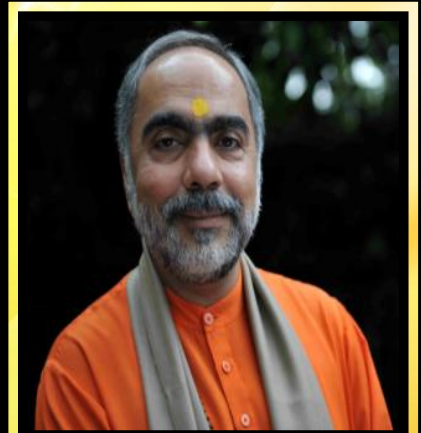
Puja Swami  
Tapovan Maharaj ji



Puja Swami  
Chinmayananda ji



Puja Swami  
Tejomayananda ji



Puja Swami  
Swaroopananda ji

# Who we are?



CMRDU

- Chinmaya Mission, Established in 1953
- ~300 + Center Worldwide
- ~49+ centers in North America, 18,000 registered Bala Vihar students

Vedanta Institutes



Chinmaya Vishwavidyapeeth



Chinmaya International Foundation



Chinmaya Naada Bindu



Chinmaya Creations



Chinmaya Institute of Nursing



More: Chinmaya Mission Hospital, Chinmaya Eswar Gurukula, Chinmaya Organization Rural Development...

[www.youtube.com/watch?v=ECrhIOAva14](http://www.youtube.com/watch?v=ECrhIOAva14)

## Family Oriented Programs

- Sishu Vihar : 01-36 Month of Age
- BalaVihar : 03-12 years age (03 year by Sep)
- Junior CHYK (Chinmaya Yuva Kendra) : 13-17 years age
- CHYK (Chinmaya Yuva Kendra) : 18-28 years age (Online)
- CSK (Chinamaya Setukari) : 28-45 years age(online)
- Jnana Yagnas : Lecture series
- Adult Study Group (s) : Vedanta forum
- Family Spiritual Retreats & Camps
- Gita Chanting Competition
- Community and Humanitarian Seva projects

# Why BalaVihar & CHYK?



CMRDU

## *A place to Bloom and Grow*

- ❖ “Currently, the tragedy of human history is decreasing happiness in the midst of increasing comforts.” Swami Chinamanada
- ❖ Parents are seeking happiness & true purpose of life for their children & themselves
- ❖ At Chinmaya Bala vihar, utilizing the knowledge of scripture, blend of Indian tradition with current applications, we introduce the values in a fun environment!
- ❖ This knowledge provides clarity, courage and confidence, thus leading to Happiness and Success!
- ❖ Check out and try our Family oriented program!

# Chinmaya Bala vihar



## Weekly Sunday Classes - Make learning Fun!

- ❖ Family Puja's
- ❖ Festival Celebrations
- ❖ Bhajans
- ❖ Meditation & Japa
- ❖ Picnics
- ❖ Games & Stories
- ❖ Arts & Crafts
- ❖ Adopt - a- Highway
- ❖ Community Service



- ❖ Hindi Class (2 levels)
- ❖ Intro to Sanskrit for Pre-K
- ❖ Chinmaya Swaranjali Vocal & Instruments
- ❖ Chinmaya Bala Swaranjali
- ❖ Book Club
- ❖ Overnight Camps
- ❖ Meeting Swami ji in small groups
- ❖ Gita & Scripture based Chanting

CIF : Online courses : Sanskrit, Upanishads, Srimad Bhagavat Gita, and more

**Trained Hands of a Teacher**

## Seva Opportunity - Join the Bala vihar Sevak team

- Volunteer, 1 or 2 session in Child's class
- Punctuality, 10 minutes before class time
- Attend the General Assembly & Family events
- No solicitations during Bala Vihar or events
- Parent attendance in Adult Study Group, unless supporting child in online class

## Other Programs

- Study Groups
- Jnana Yagnas by visiting Chinmaya Mission Swamiji



Website: [www.chinmaya-rdu.org](http://www.chinmaya-rdu.org)

- Bala Vihar Calendar (List events & class dates)
- Bala Vihar Curriculum
- Special Events/Announcements
- Inclement weather related closings
- Rules
- Bhajan Booklet
- Photo/Video
- News
- Learning to Chant

**“To help children Learn Values with fun,  
To delight like the moon and shine like the sun”**

**Swami Tejomayananda”**



# *Your Contribution to manage the Program?*

All Amounts - Per School Year

	Membership	BV Fee	Total	Discount Applicable	Discounted Total
One Child	\$300	\$100	\$400	\$50	\$350
Two+ Children	\$600	\$200	\$800	\$100	\$700

## Maximum Fee Per Family

- Without discount is \$800, Only \$600.00 is Tax Deductible
- With discount is \$700, Only \$500.00 is Tax Deductible
- \$100 per child is the Bala Vihar(BV) Expense Fee. Not Tax Deductible

# Q & A

# Class Schedule



CMRDU

## CM RDU Bala Vihar Team (2022-2023) As of 8/24/22

Time		Class / Activity
9:00 - 9:50		Chinmaya Swaranjali (CS) - Admission Via Audition
9:00 - 9:50		Hindi Junior Class #1 - Vocabulary
9:00 - 9:50		Hindi Senior Class #2 - Read and Write
10:00 - 10:30	30 Mins	General Assembly (GA) : Parents and Children
10:35 - 11:35		Bala Vihar class
10:35 - 11:35	60 Mins	Study Group - Parents
11:40 - 11:55	15 Mins	Gita Chanting (GC) + Meaning
11:35 - 12:00		Book Club

- Bala Vihar class will be held at : 930 Reedy Creek Rd, Cary, NC 27513
- Family events and celebrations, may have different location/time, Will be conveyed ahead of time

# BV Sevaks & Curriculum



Grade	Class Name	Curriculum	Strotradhara	Sevak 1	Sevak 2	Sevak 3	Backup Sevaks
Shishuvihar (0-2 yrs)	BalGopal	Bhajans, interactive		<b>On-hold</b>			
Pre-K	Madhuram	Values - Virtues & Love of God	Level 1 + Daily Prayer (6): Morning, Study, Food, Lamp, Night + Guru	Shanathi Andhavarapu	Sunita BalaSubramanian	Bhumika Joshi	
K+1	Madhavam	Bala Ramayan	Level 1 + Daily Prayers (5) + Guru Stotram	Lakshmi Vasist	Lakshmi Kara	Sandhya Ranga	
2	Anandam	Sri Hanumanji - The Superman	Level 1 + Dhyana Shloka, Hanuman Chailasa	Praveena Mamidi	Narmadha Sagar	Sunita Odulapalli,	
3	Satyam	Balabhadgavatam	Level 2 +	Sharmila Sridharan	Revati Rao	Jaya Daswani,	Bala Subramanian,
4	Shivam	Krishna Krishna Everywhere + My 24 Guru	Level 2 + Dhyana Shloka, Hanuman Chailasa	SriVidhya Venkat	Babita Jaluka	Gunjjan Bansal	Madhulavi Majumder, Raju Sharma
5+6	Sundaram	India Sacred Land + Pledge	Level 2 + Dhyana Shloka, Hanuman Chailasa	Jayshree Sadhwani	Indira Charavu	Jayanti Rajagopalan	
7	Jnanam	Key To Success + P.O. Box Mr God	Level 2+	Vandana Kalluri	Praveen Krishnamoorti	Nita Bhawe	
8	Dharma	Yato Dharma Tato Jayah	Level 2+	Giri Hegde	Bhargavi Rao	Hari Ganapathy	
9 +10	Vijayam	Hindu Culture + Gita for Yuva(Chp 1-3)	Level 2+	Vidya Narayan	Aarti Nemani	Aruna Jayraman (TBD)	
11+ 12	Chinmayam	Gita for You	Level 3+	Nitin Bhanap	Raj Daswani		

DU

# BV Special Classes



CMRDU

Class / Activity	Sevak 1	Sevak 2	Sevak 3
Chinmaya Swaranjali (CS) - Admission Via Audition	Lakshmi Karra	Indira Charvu	Prakash Bhave Pramod Chugh
Hindi Junior Class #1 - Vocabulary	Vani Sistla	Gunjjan Bansal	
Hindi Senior Class #2 - Read and Write	Kalpana Chugh		
Study Group - Parents	Pinakin Vias	Venkat Mandavilli	Chandrashekar Pitta , Prakash Menon
Gita Chanting (GC) + Meaning	Sharmila Sridharan	Vidya Narayan, Nitin Bhanap	Phani Karra, Aarti Neimani

# Appendix

-----  
-----  
-----  
----- Chinmaya Mission  
----- RDU





# *How to Purify?*

## *Example Purification Experiment*





CMRDU





CMRDU

## FILTER

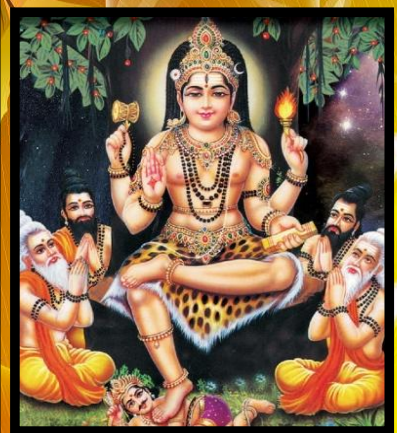
- We all have Negative tendencies, they are Superficial
- We all have Good qualities, Remind ourselves

# Remove impurities by replacing

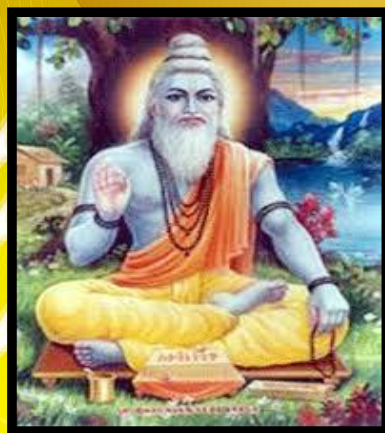
- Love for GOD
- Add Qualities
- Techniques



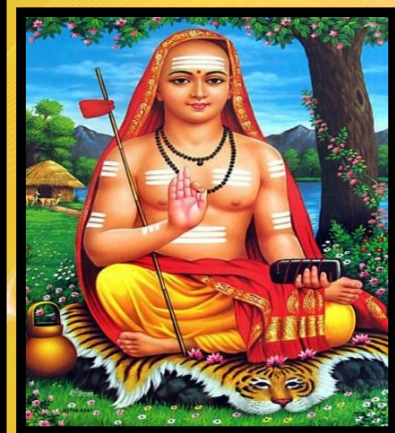
# Our Parampara Our Pranam



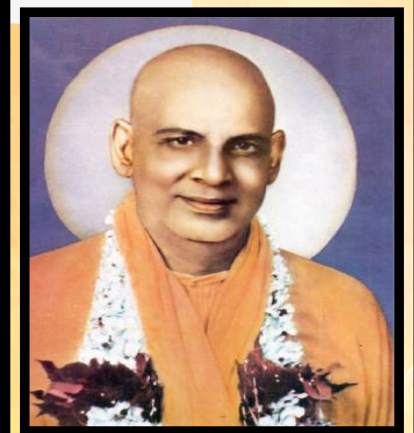
Bhagavan  
Dakshinamoorti



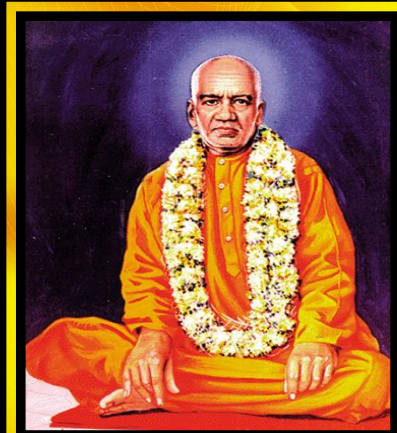
Bhagavan  
Veda Vyasa



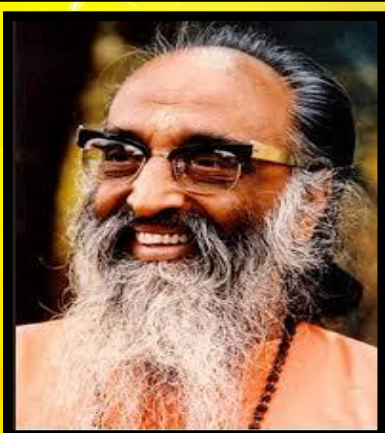
Bhagavan  
Adi Shankaracharya



Pujya Swami  
Sivananda ji



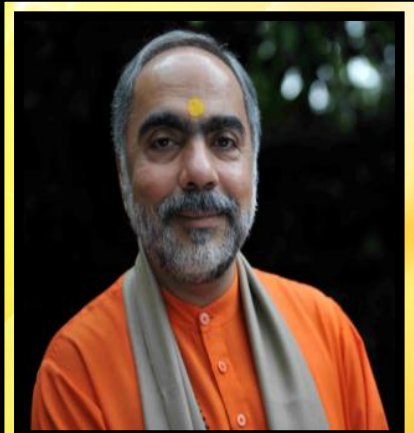
Pujya Swami  
Tapovan Maharaj ji



Pujya Swami  
Chinmayananda ji



Pujya Swami  
Tejomayananda ji



Pujya Swami  
Swaroopananda ji